


MEETING NOTES



Committee		Utah Prevention Advisory Council (UPAC)
Date		Wednesday, March 26, 2008
Time		11:00 a.m. – 1:00 p.m.
Location		State Office Building – Room 1112
Members Present	Verne Larsen, Brenda Ahlemann, Heather Anderson, Jerry Bond, Anne Freimuth, Dr. Steve Harrison, Peggy Hill, Ray Hintze, Dr. Ed Ho, Doug Murakami, Abbie Paxman (for Dr. Barbara Sullivan), Teri Pectol, Ben Reaves (for Craig PoVey), Jeff Smart, Julie Spindler, Doug Thomas, Abbie Vianes, Charlotte Vincent, Elaine Williams	
Members Excused	Leslie Dalton, Dr. Stacy Eddings, Noreen Heid, Tibby Milne, Craig PoVey, Amy Sands, Ray Wahl	
Guests	Art Brown, Glen Jenson, Erin Johnson, Carol Peterson and 14 Members of Woods Cross Impact Team, Farrin Wiese	
Staff	Mary Lou Emerson	
Agenda Item	Call to Order	
Notes	<p>Welcome and Introductions Verne Larsen called the meeting to order and welcomed everyone. Each attendee introduced her/himself.</p> <p>Approval of Meeting Notes of November 28, 2007 Motion: Doug Murakami made a motion to approve the meeting notes of the November 28, 2007 meeting. The motion was seconded by Julie Spindler and passed unanimously.</p>	
Agenda Item	Agency Prevention Report:	
Notes	 <p>Peggy Hill explained they have a lot of prevention activities in Davis School District, but she decided to highlight only one of them – the Davis District Impact Teams. Peggy introduced the Woods Cross High School Impact Team, which promotes prevention and awareness messages. They teach “Protecting You/ Protecting Me” (PY/PM) in a series of eight lessons in the elementary schools. Carol Peterson, a counselor, is one of the advisors for the team. The Impact Team is a regular school class. The team is talented in drama and each member must sign a contract that they will not use ATOD, harm themselves, etc. The students performed a skit entitled “Role Model,” about how an older sibling can influence a younger sibling. The students performed a second skit focused on addiction, with marijuana as a gateway drug leading to other harmful drugs such as ecstasy and heroin. Following each skit, the students processed what had happened with the subcommittee members. Finally, the students presented a PY/PM lesson for first graders. PY/PM lessons are taught in teams of two, once per week. Art Brown explained PY/PM was developed by MADD, and that it has an evaluation component.</p>	
Agenda Item	Strategic Prevention Framework State Incentive Grant (SPF-SIG)	
Notes	<p><u>Update on SPF-SIG Grant</u> Ben Reaves reported for Susannah Burt. Ben explained they have just received approval from CSAP to distribute the SPF-SIG funding to the Local Substance Abuse Authorities to address the two priorities: alcohol-related traffic crashes and prescription drug overdose deaths. All LSAs have received their funding for the first two years of the project. SPF-SIG funds may</p>	

	<p>be utilized for all age groups. Each LSAA will conduct its own assessments to determine the needs in their areas. Most of the funding was awarded to the six LSAA areas with the greatest problem prevalence, with four of these areas addressing both priority issues. Jeff Smart explained the funds are not available to spend yet, however, as they must first go through the local planning process. The intent is total community mobilization, so the community will have input into the process. Elaine Williams asked if the funding is available for entities other than the LSAAs, and Ben said while the funding will flow through the Local Authorities, collaboration is encouraged. Steve Harrison congratulated the DSAMH on their efforts to distribute the SPF-SIG funding throughout the state, rather than just for a few key projects.</p> <p><u>Update on State Epidemiological Outcomes Workgroup (SEOW)</u> Ben explained the final Epidemiological Report is available on the Division of Substance Abuse and Mental Health website at: http://www.dsamh.utah.gov/docs/seow_final_epi_report_2007.pdf</p>
Agenda Item	Utah Strategic Substance Abuse Prevention Plan
Notes	<p><u>Workgroup Sign-Up</u> Verne explained the next step in the strategic planning process will be to identify workgroups from among the UPAC membership to work on each goal. A sign-up sheet was circulated.</p> <p>Motion: Teri Pectol made a motion that the Goal #4 group work on the Social Host Law issue. Ray Hintze seconded the motion which passed unanimously.</p> <p>Ray suggested a representative from the Office of Legislative Research and General Counsel be invited to participate on the Social Host Law Workgroup (possibly Patricia Owen, who drafted H.B. 487). Law enforcement should also be involved.</p> <p><u>Meeting Plan</u> Workgroup meetings may be held prior to, during, or immediately following the regular UPAC meetings.</p>
Agenda Item	Utah Department of Health Prescription Pain Medication Management and Education Program
Notes	<p>Erin Johnson, Project Coordinator, provided a brief overview of the Department of Health's Prescription Pain Medication Management and Education Program. They started last year and have two years to reduce deaths and other problems associated with prescription pain medication. They are conducting research to determine the risk factors and will produce guidelines for physicians. They have come up with three education initiatives to date: 1) a statewide media campaign that is currently in the process of casting for TV and radio ads – the slogan is "Use only as directed"; 2) contracting with the producers of "Happy Valley" to conduct presentations in communities throughout the state (target age group is adults ages 25-54); and 3) physician education regarding problems that may be encountered when patients are prescribed pain medications. More information may be obtained on the program's website at: http://health.utah.gov/prescription/</p>
Agenda Item	2008 Legislative Session: Bills Passed, Appropriations and Follow-Up
Notes	<p>Mary Lou Emerson briefly reviewed prevention-related bills and appropriations passed during the 2008 Legislative Session.</p>

	<p><u>Proposed "Social Host Liability Act" (H.B. 487): Create Workgroup</u></p> <p>Art Brown explained Representative Eric Hutchings, who proposed <i>H.B. 487 – Social Host Liability Act</i> in the 2008 Legislative Session, has requested assistance in determining what the bill should contain. The proposal is to utilize the Ventura County model. Art asked if UPAC would be willing to create a Social Host Law Workgroup to address this issue in preparation for presenting a proposed bill to the Legislature during the October Interim Committee meetings. The workgroup needs to be formal, with a chair, so the work can be accomplished over the next few months.</p>
Agenda Item	Strengthening Families Program DVD Home Edition
Notes	<p>Jaynie Brown distributed a handout and discussed the far reaching impacts of underage drinking, with parents as the key to its prevention. Jaynie explained her proposal to create an entertaining DVD, based on the evidence-based Strengthening Families Program, to teach parents effective parenting skills (bonding, setting limits, monitoring) and teach kids pro-social behaviors and resistance skills. The DVD will target parents/kids in grades 4-10. Mothers Against Drunk Driving/MADD will fund the DVD through fundraising efforts. PTA is on board with the project. Jaynie reviewed the things she is specifically requesting from UPAC as follows: verbal support of the DVD Project, content creation (and approval?), ideas for distribution, and promotion of use by families. Ed Ho encouraged Jaynie to work very closely with the program developers in creating the DVD, and reminded everyone that putting a model program on DVD does not make the DVD a model program, as the implementation method is different.</p> <p>Motion: Doug Thomas made a motion to support the proposed DVD in concept. The motion was seconded by Peggy Hill and passed unanimously.</p>
Agenda Item	Other Business
Notes	<p><u>Agency Prevention Report for May Meeting</u></p> <p>Verne Larsen volunteered to present at the May meeting.</p> <p><u>Finalize 2008 Meeting Schedule</u></p> <p>The subcommittee decided to leave the May meeting on the fourth Wednesday, May 28th.</p> <p><u>2008 Town Hall Meetings on Underage Drinking</u></p> <p>A press release from the Division of Substance Abuse and Mental Health and a schedule of the upcoming Town Hall meetings was included in the meeting packets.</p> <p><u>Review November 28, 2007 Meeting Evaluations</u></p> <p>Due to time constraints, the evaluations were not reviewed during the meeting; however, a copy of the evaluation summary was provided for subcommittee members.</p> <p>Glen Jenson explained this would be his last meeting, as his assignment will be changing. He will recommend another individual be appointed to represent the LDS Church, and encouraged the subcommittee to add representatives from other religious organizations as well.</p>
Next Meeting	Wednesday, May 28, 2008, 11:00 a.m. – 1:00 p.m.

Note: Copies of meeting materials are available upon request by contacting Mary Lou Emerson, USAAV Council Director, at (801) 538-1921 or memerson@utah.gov.